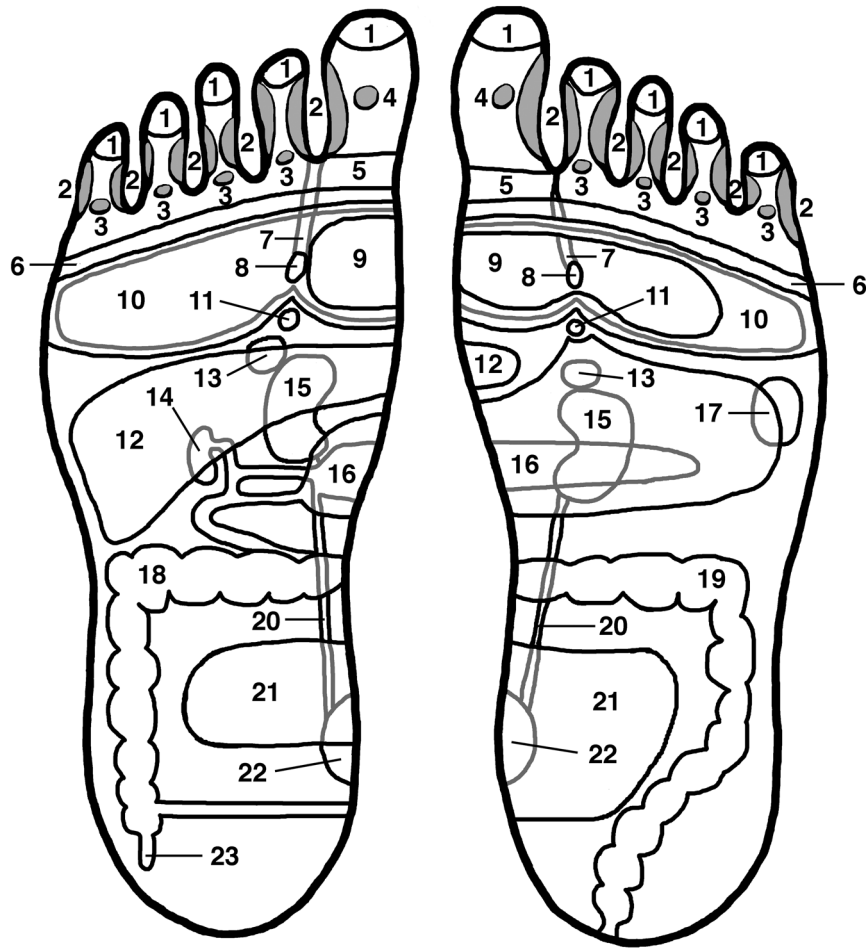


Reflexology Chart



- | | |
|---------------------------------|---------------------|
| 1 Brain | 13 Adrenal |
| 2 Sinuses | 14 Gall Bladder |
| 3 Teeth | 15 Kidney |
| 4 Pituitary | 16 Pancreas |
| 5 Thyroid | 17 Spleen |
| 6 Eyes and Ears | 18 Ascending Colon |
| 7 Bronchial Tube | 19 Descending Colon |
| 8 Thymus | 20 Ureter |
| 9 Heart | 21 Small Intestines |
| 10 Lungs | 22 Bladder |
| 11 Solar Plexus (Bubbling Well) | 23 Appendix |
| 12 Liver | |